

## Zeta Phi Beta stresses health at stompfest

By Marcy Muldrow Sanders  
SPECIAL TO THE CHRONICLE

The Archonettes of Alpha Upsilon Zeta (AYZ) Chapter of Zeta Phi Beta Sorority, Inc. hosted the Ninth Annual Stompfest (2K10) on April 10.

The event emphasized the importance of healthy habits in teens, included workshops, a cook-out, and culminated with a Step Show Competition and Step and Dance Exhibition.

The winner of this year's Step Competition was the Tallahassee Alumnae Chapter of Delta Sigma Theta Sorority, Incorporated's "GEMS." The "GEMS"

regaled the audience of nearly 300 with a theatrical step routine. The Archonettes of Zeta Mu Zeta Chapter of Zeta Phi Beta Sorority, Inc., from Palatka took second place honors with a boot-camp inspired routine, lead by one of Tyler Perry's characters, the eclectic "Mr. Brown." The Archonettes of AYZ, debuted



MARCY MULDRROW SANDERS/Special to the Chronicle  
Front row: Cashata Pease, Dezondria Broxsis, Danielle Manning, Keandra Clemens.  
Second row: Jasmine Goettie, Khadijah Walker, Shakira Grant, Tiffany Dixon, Lauren James, Brandi Durkins. Back row: Khelsil Hill, Alexys James, Sydney Barnes, Epiphany Washington, Alexandria Barnes

their "stroll" routine at the Stompfest.

Stompfest provides a forum for teens to learn about topics affecting their health and overall well-being. The workshops, held at Jack McLean Community Center, focused on "Bullying," presented by Moneka Munroe-Cooper, "Safe Dating", by

Donald Gardner, and "Self-Esteem" by Carolyn Dudley. Three local universities emphasized the importance of education in psychological well-being.

Florida A&M University, represented by Johnnie Niles; Florida State University, represented by members of Rho Kappa Chapter of Zeta

Phi Beta Sorority, Inc.; and St. Leo University, represented by Rhone Francis.

For more information on joining any of AYZ's Auxiliaries please visit our website at <http://www.alphaupsilonzpb.org>. If you would like to read more visit AYZ\_ZPB Blog at [Tallahassee.com](http://Tallahassee.com).

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